Menopause
April 18 - 20, 2008
Portland, Oregon

Program Director
Tori Hudson, N.D.

www.instituteofwomenshealth.com

Institute of Women’s Health & Integrative Medicine

Program Director: Tori Hudson, N.D.

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.

A Woman’s Time, P.C.

Institute of Women’s Health & Integrative Medicine

Program Director
Tori Hudson, N.D.
Day One, Friday, April 18, 2008

8:00 am - 10:00 am Registration and Breakfast

10:00 am - 11:30 am Introduction

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients is the clinical director of the Institute for Traditional Medicine’s sister clinic for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

11:30 am - 1:00 pm Lunch

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

1:00 pm - 2:15 pm Osteoporosis: Physiology, Risk factors, Evaluation, diagnosis, interventional and medical therapies

Mike McClung, M.D.

Dr. McClung has an academic appointment as an Associate Professor of Medicine at the National Institutes of Health. He is a specialist in clinical endocrinology, a multi-disciplinary treatment center for the evaluation and management of osteoporosis and other metabolic bone disorders. Dr. McClung graduated from the Washington University Medical School in 1989 and his endocrinology fellowship at the National Institutes of Health.

2:30 pm - 3:00 pm Lunch

Mike McClung, M.D.

Dr. McClung has an academic appointment as an Associate Professor of Medicine at the National Institutes of Health. He is a specialist in clinical endocrinology, a multi-disciplinary treatment center for the evaluation and management of osteoporosis and other metabolic bone disorders. Dr. McClung graduated from the Washington University Medical School in 1989 and his endocrinology fellowship at the National Institutes of Health.

3:00 pm - 4:00 pm Osteoporosis Advanced Skills in Case Management

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

Day Two, Saturday, April 19, 2008

8:00 am - 10:00 am Breakfast

Osteoporosis: Prevention and Natural Interventions

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

9:00 am - 11:00 am Hormone Therapy Update and Conventional prescriptions; A comprehensive investigation of the research and clinical uses of dietary interventions and the selection of women on the management of menopausal symptoms including symptom relief, adverse effects, food allergy, low bone density, symptoms, depression, anxiety, and prevention and treatment including integrative treatment considerations.

11:00 am - 12:30 pm Selecting the Right Prescription and Strategies to Optimize the Safety of Hormone Therapy

Mike McClung, M.D.

Dr. McClung has an academic appointment as an Associate Professor of Medicine at the National Institutes of Health. He is a specialist in clinical endocrinology, a multi-disciplinary treatment center for the evaluation and management of osteoporosis and other metabolic bone disorders. Dr. McClung graduated from the Washington University Medical School in 1989 and his endocrinology fellowship at the National Institutes of Health.

12:30 pm - 1:45 pm Lunch

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

1:45 pm - 3:15 pm State of the Science in Botanical Therapies for Menopause Symptoms

Kate Beadle, N.P.

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

3:15 pm - 4:45 pm Lunch

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.

4:45 pm - 6:15 pm Estrogen: Hormones, Conjugated and Conventional

Mike McClung, M.D.

Dr. McClung has an academic appointment as an Associate Professor of Medicine at the National Institutes of Health. He is a specialist in clinical endocrinology, a multi-disciplinary treatment center for the evaluation and management of osteoporosis and other metabolic bone disorders. Dr. McClung graduated from the Washington University Medical School in 1989 and his endocrinology fellowship at the National Institutes of Health.

6:15 pm - 8:15 pm Optimize the Safety of Hormone Therapy

Kate Beadle, N.P.

Tori Hudson, N.D.

Dr. Hudson graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has been caring for patients for over 23 years. She was awarded the American Association of Naturopathic Physicians’ Award for Research in 2007. Dr. Hudson is a current member of the NCMT and Budy Dudley and the Medical Director of A Woman’s Choice reproductive health clinic.