Acute & Chronic Pain in Women

October 17-19, 2008
Portland, Oregon

Program Director
Tori Hudson, N.D.

Institute of Women’s Health & Integrative Medicine
Program Director: Tori Hudson, N.D.

Advanced Training in Women’s Health, Natural Therapies and Integrative Medicine for Primary Care Practitioners

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Institute of Women’s Health & Integrative Medicine
The Institute of Women’s Health and Integrative Medicine is an educational and research organization whose mission is to provide advanced training in primary health care practitioners and to conduct and support clinical research in women’s health, natural therapies and integrative medicine.

Program Director
Tori Hudson, N.D.

Acute & Chronic Pain in Women

This course is suited for the practitioner who is working with or wants to work with and develop their expertise in the diagnosis and management of acute and chronic pain in women. The weekend will begin with a fundamental clinical overview of organic pain. Attendees will develop expertise in evaluation and clinical management with natural treatment protocols including herbal and nutritional options, bio-identical hormone prescriptions and the political uses of conventional pharmaceutical agents. The second day will focus on the indications and uses of complementary, alternative and conventional management in part of the overall goal of a more integrative approach to health care.

Goals of the Curriculum
Provide you the opportunity to develop expert knowledge and practical skills to enable you to provide holistic care for the pain syndromes you see in your practice or use them with greater success and expertise if you are already using them.

Integrate integrative medicine with conventional medical management when necessary to optimize patient care.
Train practitioners in the use of herbal medicines, herbal and nutritional therapies for women’s health care needs.

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Integrative Medicine for Primary Care Practitioners

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Day One: Friday, October 17, 2008
8:00 am - 8:45 am Registration, Pick up Materials, Breakfast
8:45 am - 9:00 am Welcome and Introduction
9:00 am - 10:00 am Vaginal and Vulvar Dermatosis
10:15 am - 11:15 am Vulvar Irritations and Vulvar Tuberculosis
11:30 am - 12:30 pm Lunch
12:30 pm - 1:45 pm Pelvic Management of Pelvic Pain
1:45 pm - 2:30 pm Common and Uncommon Pain in Women: Integrating Experience using Herbal/Botanical/Therapeutic Remedies
3:00 pm - 5:00 pm Common and Uncommon Pain in Women: Integrating Experience using Herbal/Botanical/Therapeutic Remedies
6:00 pm - 9:30 pm Social Hour

Day Two: Saturday, October 18, 2008
8:30 am - 9:00 am Breakfast
9:00 am - 10:00 am Endometriosis: An Integrative Approach
10:15 am - 11:15 am Endometriosis: The Role of Environmental Contaminants and Endocrine Disrupters
11:30 am - 12:30 pm Lunch
12:30 pm - 2:45 pm Addressing Adjuvant Issues in Pain Management
2:45 pm - 3:00 pm Introduction to the Founder and Executive Director of the Institute of Women's Health & Integrative Medicine
3:00 pm - 6:00 pm Introduction to the Founder and Executive Director of the Institute of Women's Health & Integrative Medicine
6:00 pm - 8:00 pm Social Hour

Day Three: Sunday, October 19, 2008
8:00 am - 8:20 am Breakfast
8:20 am - 9:45 am Endometriosis: The Role of Environmental Contaminants and Endocrine Disrupters
9:45 am - 10:45 am The Power of Positive Thinking: Building a Strong Mind, Body and Soul with the Aid of Hypnosis
10:45 am - 12:00 pm Lunch
12:00 pm - 3:00 pm The Power of Positive Thinking: Building a Strong Mind, Body and Soul with the Aid of Hypnosis
3:00 pm - 5:00 pm Building a Strong Mind, Body and Soul with the Aid of Hypnosis
5:00 pm - 6:00 pm Social Hour